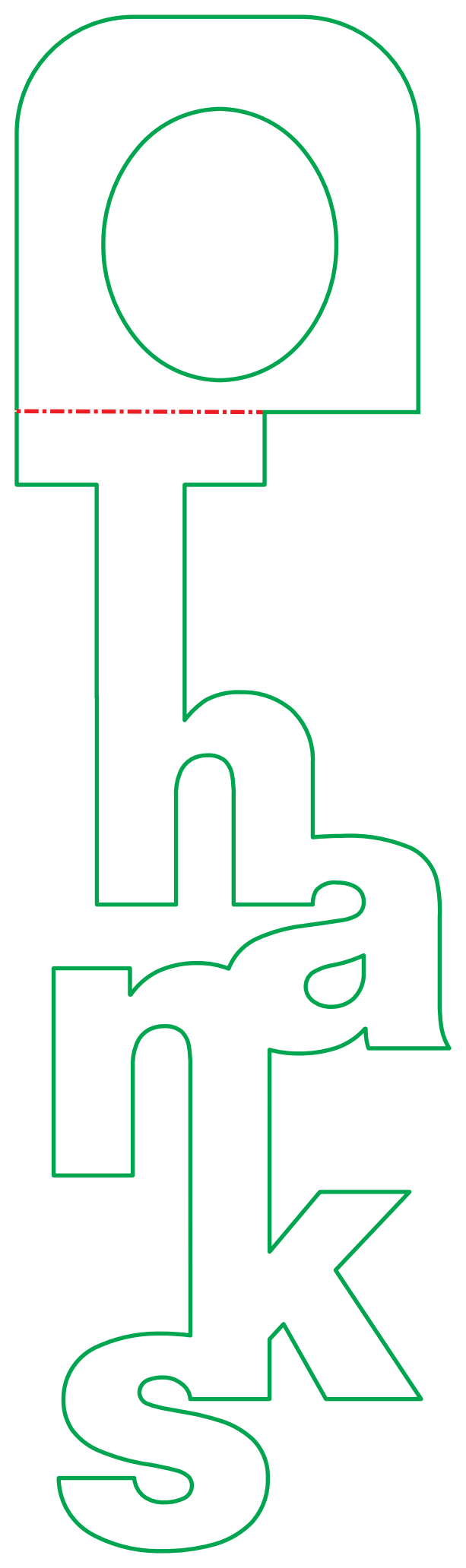
fräsk